

HIGHER LEVEL OF CARE OPTIONS FOR THE COAT MODEL

At Chestnut Ridge Center



Reasons for Development

- Growing concern about the rate of relapse and overdose after dismissal from MAT
- Increasing retention rate
- Acknowledgement that standard COAT MAT does not work for everyone
- Need for more intensive treatment track
- Need for options other than dismissal for individuals who relapse in the long term groups

PCOAT

- Probationary Comprehensive Opioid Addiction Treatment
- For patients in the Bi-Monthly, Monthly or bi-weekly groups that have been dismissed from the regular COAT clinic, and/or have demonstrated a need for additional support.
 - Any Bi-Monthly or Monthly patient who has lied about a relapse, missed an appointment or for those who are just struggling with sobriety.
- Meets once a week for 4 weeks – group med management +therapy
- At the end of the 4 weeks, if the treatment team determines they are appropriate to return to the regular COAT clinic, they will be transferred to a group that is one level down from the group from which they were dismissed

APCOAT

- Advanced Probationary Comprehensive Opioid Addiction Treatment
- For patients in the Bi-Weekly or Weekly COAT group that have been dismissed from the regular COAT clinic, and/or have demonstrated a need for additional support.
 - Any weekly patient who has lied about a relapse, missed an appointment or for those who are just struggling with sobriety.
 - Anyone deemed appropriate from an inpatient unit, seen by consults or by Day Hospital

APCOAT

- Meets twice a week for 4 weeks
 - One appointment is the group therapy appointment, prescription count and potential UDS
 - One appointment is the medication management session, with vitals and potential UDS.
 - Patients receive a one week prescription
- At the end of the 4 weeks, if the treatment team determines they are appropriate to return to the regular COAT clinic, they will be transferred to a weekly group. Or, if still struggling they will be transferred to the ICOAT group.

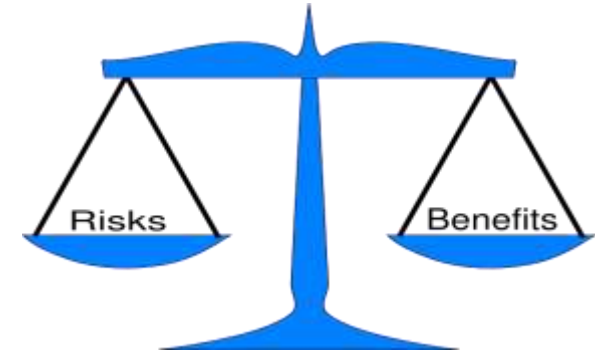
ICOAT

- Intensive Comprehensive Opioid Addiction Treatment Clinic
- For patients that have been identified in the APCOAT group as needed continued higher level of care treatment.
- This is the highest level of care before referral to Day Hospital or Residential setting would be made

ICOAT

- Meets 3 times a week 4 weeks
 - One appointment is the group therapy appointment, along with a prescription count and potential UDS
 - One appointment is the medication management session, with vitals and potential UDS
 - One appointment is a check-in session with the case manager.
 - Patients are only given a prescription to last them until their next appt.
- At the end of the 4 weeks, if the treatment team determines they are appropriate to return to the regular COAT clinic, they will be transferred to a weekly group. Or, they will be referred to an outside agency, typically a higher level of care.

Benefits and Risks of This Model



- Benefits:
 - Provides more treatment to those who need it most
 - Decreases the chance of relapse and/or overdose upon dismissal
 - Retains people in treatment and on medication
- Risks:
 - Does it increase the possibility of dishonesty in the regular clinic, because they now have a safety net?
 - Do the patients view this as less accountability and less severe consequences?