

March 2018

Special points of interest:

- WVPBRN Retreat Recap
- Project Advisory Board
- Lehigh Valley Practice and Community-Based Research Network
- WVPBRN Project Recruitment

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Community Engagement and Outreach West Virginia Practice-Based Research Network

Community News

2018 WVPBRN Retreat Recap

The fifth Annual WVPBRN Retreat was held at Stonewall Resort on March 22 & 23. Over 40 individuals from partner sites around the state attended this day-long retreat. Many attendees gathered on Thursday night for a pre-retreat networking dinner.

Retreat activities began with opening remarks from co-directors Bill Lewis, M.D., Harpers Ferry Family Medicine, and Jennifer Boyd, PA-C, New River Health Association and WV Primary Care Association. Network manager, Stacey Whanger, followed with an update on the accomplishments of the

WVPBRN since its establishment in 2013. Most notably, the WVPBRN has completed 23 projects while 25 more are currently being implemented.

Opening remarks were followed by a project sustainability panel. This panel included WV Project ECHO, represented by Amber Crist from Cabin Creek Health Systems; the IRIS Diabetic Retinopathy Project, represented by Ghassan Ghorayeb, M.D., of the WVU Eye Institute; the Pulmonary Rehabilitation Program,



represented by Chaffee Tommarello, RRT, of Cabin Creek Health Systems; the Greenbrier County Health Alliance, represented by Sally Hurst, from the

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Postpartum Anxiety Prevention Advisory Board

Shari Steinman, Ph.D., assistant professor with the WVU Department of Psychology, is developing an online postpartum anxiety and OCD prevention program.

“Preventing Postpartum Onset Distress(P-POD)” will include seven 30-minute modules that teach at-risk pregnant women skills to help treat and prevent anxiety disorders and OCD.

Members of the Project Advisory Board will

be asked to review P-POD modules and related assessments, and provide feedback and suggestions for improvement. Meetings to discuss feedback will occur in person or by phone.

If you are interested in joining the advisory team, please contact Stacey Whanger, WVPBRN manager, swhanger@hsc.wvu.edu or call 304-581-1821 by April 27, 2018.

Community News

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2018 WVPBRN Retreat Recap (cont'd)



The mission of the WVPBRN is to improve the health of West Virginians by collaborating with primary care practices to conduct translational practice-based research.

WV School of Osteopathic Medicine; and the Suicide Screening Project led by Mary LeCloux, Ph.D., WVU Department of Social Work. Each of these projects have shown sustainability and continue to grow in the network.

Beth Careyva, M.D., associate director of the Lehigh Valley Practice and Community-Based Research Network in Lehigh Valley, Pennsylvania, presented successes and challenges of their network and led a discussion looking forward to potential collaborations with WVPBRN.

Tracy Hendershot, M.D., Camden Clark Medical Center, presented on behalf of the West Virginia Alliance for Creative Health Solutions (WVACHS).

Hendershot shared information about the WVACHS and their goals for the group. Hendershot discussed a tool the WVACHS has developed that can be employed as a screening instrument prior to any rural health clinic initiating community-based research. Hendershot shared the tool with the group and

discussed its current utilization in partner sites.

The final morning session featured poster presentations from a variety of projects around the network. Seven posters were presented, and attendees had the opportunity to speak to each presenter.

The afternoon sessions began with remarks from Sally Hodder, M.D., director of the West Virginia Clinical and Translational Science Institute. Hodder highlighted the importance of the WVPBRN to the state and presented potential projects that could address the topic areas identified by the network over the last year.

The final retreat session focused on brainstorming for the upcoming year. Participants worked together to set goals and create an action plan for the network.

Please visit the WVPBRN website for a complete summary of the retreat.

Photo credit: Chuck Conner & Ian Moore



Lehigh Valley PCPBRN Joins Retreat

Beth A. Careyva, M.D., is a family medicine physician and assistant professor with the Lehigh Valley Health Network (LVHN)/ University of South Florida Morsani School of Medicine. Careyva graduated from Lehigh University and completed medical school at Sidney Kimmel Medical College of Thomas Jefferson University and residency at Thomas Jefferson University. She currently serves as the director of Continuing Medical Education for the Department of Family Medicine, associate director of the Lehigh Valley Practice and Community-Based Research Network, and

vice chair of LVHN's Institutional Review Board.

The Lehigh Valley Practice and Community-Based Research Network (LV-PCBRN), supported by the Department of Family Medicine, was established in 2003 and is comprised of approximately 250 primary care physicians in over 90 practices. LV-PCBRN, formerly Eastern Pennsylvania Inquiry Collaborative Network or EPICnet, is an AHRQ-recognized PBRN whose membership spans the spectrum of practice models, including hospital-owned, a regional practice association, independent small groups, clinics, solo



practitioners and an FQHC. Practices serve semi-urban, suburban, and rural areas. The PBRN has developed strong network, regional, and national collaborations focusing on health systems and implementation science research. The pooled experience of leadership and staff support the spectrum of primary care research efforts including investigator-initiated research to large federally funded trials.

"Rural healthcare providers working in community health clinics are the key to improving the health and healthcare of West Virginia"

-Arnie Hassen, PhD

WVPBRN project seeks participants

Peter Giacobbi, Ph.D., associate professor in the WVU Department of Sport and Exercise Psychology and deputy director of the WV Prevention Research Center, is seeking patient volunteers to test a mobile app for wellness during pregnancy. This project was approved and reviewed by WVPBRN's Protocol Review Committee in 2016.

PregPal is a mobile app designed to help practitioners and medical staff communicate with pregnant patients outside of the clinic. The app can help staff respond to questions and health concerns that pregnant women may have in a timely

manner while also encouraging healthy choices during pregnancy.

Eligibility requirements for study participation include being 18 years of age or older, less than 30 weeks along in a low-risk pregnancy, and daily access to an iPad or iPhone. Volunteers will be asked to listen to 3-5 minute audio files on a daily basis for four weeks and complete pre-, post-, and weekly surveys.

For more information on volunteering, please contact wvpregpal@gmail.com or 304-293-5970.



WVPBRN

West Virginia
Practice-Based Research Network

West Virginia Practice-Based Research Network

West Virginia Clinical & Translational Science
Institute
Community Engagement and Outreach Core

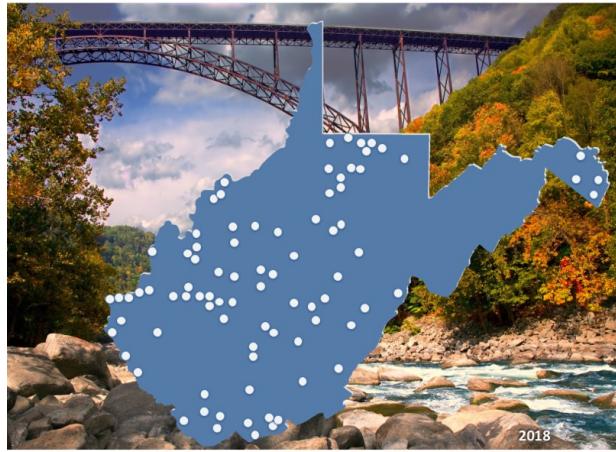
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Have any thoughts/comments/ideas? Contact:

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West Virginia Practice-Based Research Network



Announcements

Register now for the 2018 WVCTSI Annual Meeting

Join fellow WVCTSI leadership and members from across the state to discuss exciting new efforts and initiatives in clinical and translational science in the Mountain State. This day-and-a-half event will feature: WVCTSI progress and highlights, research roundtable discussions, presentations from team science headliners, innovation and commercialization pitches in the [WVCTSI Shark Tank](#), poster presentations from exciting work across the CTS spectrum, updates on available resources and services for members, and breakout sessions on key topics and trends.

The meeting will be held May 16 – 17 at the Morgantown Marriott at Waterfront Place in Morgantown, West Virginia. More information, including hotel reservation instructions and [registration](#) and [abstract submission](#) forms can be found on the [event webpage](#). Please direct any questions to Ian Moore at imoore3@hsc.wvu.edu.

To reserve overnight lodging, please call the Morgantown Marriott at 304-296-1700. Be sure to mention the "WVCTSI Spring Meeting," to ensure that your reservation is a part of the event room block. **Hotel reservation deadline is April 26.**

CORE Survey

Three CORE Survey submissions have been chosen to be included in this year's CORE Survey. The survey will be released to the WVPBRN membership during the week of April 9-13, 2018. Please contact Stacey Whanger (swhanger@hsc.wvu.edu or 304-581-1821) if you have any questions.